

Athletics Newsletter



NB Team of the Week - Varsity Volleyball

The Varsity Volleyball Team is on a roll!! The Lady Eagles have taken on two big district opponents within the past week and managed to earn two important victories. In the first win the girls came out with a vengeance defeating American Heritage in three straight games (25-21, 25-21, 25-22.) Then last night they came out with another great start against Coral Springs Charter taking Game #1 (25-23) and Game #2 (25-19). The Lady Eagles let up just a bit in Game #3 falling 25-18. In Game #4 the girls regrouped battling back and forth with the Lady Panthers but came up just short 26-24 forcing the match to a Game #5. The Lady Eagles came out in the final game with a determined mindset that they would not let this match slip away, and they did just that taking an early lead and never looking back clinching the match 15-9! The girls look to continue their winning ways as they travel to St. John Paul today for another important district match. Good Luck Girls!

NB Athletes of the Week



Justin "Sure Shot" Shiao (12th Grade - Varsity Golf)

This week's male high school Athlete of the Week goes to Justin "Sure Shot" Shiao. "Sure Shot" was dialed in last week for the NBP Varsity Golf Team, shooting a 36 and 33. Justin was a medalist in both matches and helped lead the team to a victory over Oxbridge Academy and a tie with rival Pine Crest. Great Job Justin!



Taylor "Lights Out" Lambert (12th Grade - Varsity Volleyball)

This week's female high school Athlete of the Week goes to Taylor "Lights Out" Lambert. "Lights Out" had two huge games for the Varsity Volleyball Team. "Lights Out" led her team in both important district wins over American Heritage Delray and CS Charter recording a total of 34 kills & 6 aces...as you can see Taylor was "Lights Out!"



Cam "The Lionheart" Little (8th Grade - MS Football)

This week's male middle school Athlete of the Week goes to Cam "The Lionheart" Little. "The Lionheart" led the Middle School Football team in a valiant effort versus Pine Crest Boca. The team fell in a heartbreaker 14-6, but Cam had the "Heart of a Lion" with over 100 yards of total offense and a rushing touchdown. Great Job Cam!



Savanna "Can't Stop" Kennedy (*7th Grade - MS Volleyball*) This week's female middle school Athlete of the Week goes to Savanna "Can't Stop" Kennedy. Savanna had a "Can't Stop" attitude throughout the match proving that "Can't Stop"... "Couldn't be Stopped" recording 7 service points to lead her team versus Saint Joan of Arc. Great Job Savanna!



Athletic Highlights (Aug. 31 - Sep. 6)

NB CROSS COUNTRY

Congratulations to the Lady Eagles CC Team for their 4th place finish (20 teams) at the 2016 Park Vista Invitational! Both the Boys and Girls Cross Country Teams compete again this Saturday in the 2016 Bobcat Invitational at South County Regional Park.

NB FOOTBALL

The Varsity Eagles earned another BIG League win with a 33 - 0 victory over CS Charter this past Friday night. The Varsity Team will now travel to Inlet Grove on Friday night for a 7:00pm game in hopes of making it three league wins in a row.

The Middle School Football Team battled back and forth with Pine Crest Boca this past Wednesday in their season opener, but fell just short 14 - 6. The MS Eagles look to bounce back as they travel to King's Academy today for a 4:00pm game.

NB GOLF

The Lady Eagles finished their week off with a 1-1 record, falling just short to Archbishop McCarthy but bouncing back with a convincing win over King's Academy. The Lady Eagles look to continue winning as they host Pine Crest at Osprey Point on Tuesday, September 13th at 3:30pm.

The Boys Varsity Team will take the course again tomorrow as they travel to Seagate CC to take on Westminster Christian and St. Andrews in a tri-match.

The JV-Blue Golf Team kicks-off their season today as they take on Oxbridge Academy home at Osprey Point at 3:30pm.

NB SWIM

The Varsity Swim Team has been working hard since early August preparing themselves for their upcoming season. The Eagles & Lady Eagles will kick their meets off this Tuesday, September 13th here at NB at 4:30pm when they host Grandview Prep.

NB VOLLEYBALL

The Junior Varsity and Varsity Volleyball Teams travel to St. John Paul today for an important district match-up - 3:30pm JV & 4:30pm Varsity. Good Luck to both teams!

The Middle School Volleyball Teams hit the court again today as they travel to American Heritage Delray for 4:00pm (A-Team) & 5:00pm (B-Team GOLD) matches.

Girls Soccer Informational Meeting

Any girls (6th grade - 12th grade) interested in playing soccer for the 2016 - 2017 season must attend this meeting. The meeting will be held on Wednesday, September 14th at in Room #523 (Lakeside Hall.) If you have any questions please contact <u>Head Coach Tricia Amrhein</u>.



NB Fencing - Tryouts/Start Dates

North Broward Varsity Fencing begins its 11th season next week. NBP Fencing is interested in recruiting new students to learn and play the game.

Middle & High School Students, both Boys & Girls are welcome to join us.No experience is necessary and we will supply all of the equipment for the new recruits

Our First Practices are Monday, September 12th @ 3:45pm & Wednesday, September 14th @ 2:45 pm in the Middle School Dining Hall. Session 1 runs though until the Winter Break.

Not sure Fencing is the sport for you? Tryout Fencing during the first week of practice! All students interested in participating must fill out the proper forms and waivers. Visit <u>www.sabreoutreachnetwork.com</u> for Additional Information & Forms.

Every athlete will compete monthly at a skill level that suits their abilities in the South Florida Sabre Fencing League.

Additional questions about NBP Fencing may be directed to Head Coach Mitch Berliner. email: MitchB5659@comcast.net / phone: 954-990-0090.